Lidocaine

Generic Name:	Brand Name:	Drug Class:
Lidocaine	Xylocaine, Xylocard	Antiarrhythmic, Anesthetic
Mechanism of Action:	Time to Onset:	Duration of Effects :
Binds sodium channels open, preventing conduction of pain impulses. Slows phase 0 cardiac action potential.	 IO: 15-30 seconds IV: 1-2 minutes	 IO: 30-60 minutes IV: 5-10 minutes
Indications:	Contraindications:	Possible Side Effects:
 IO administration Ventricular arrhythmias Intubation (to blunt increase in ICP) 	 Stokes-Adams WPW 2° + heart blocks 	 Seizures Bradycardia Hypotension Respiratory depression
Administration Route:	Adult dose:	Pediatric dose:
• IO • IV	Pain relief • 20-40 mg via IO Ventricular arrhythmias • 1-1.5 mg/kg. May repeat every 5 min (max 3 mg/kg) Intubation • 1-1.5 mg/kg	Pain relief • 20-40 mg via IO Ventricular arrhythmias • Not recommended Intubation • 1-1.5 mg/kg

When successfully used to convert ventricular arrhythmias, a continuous infusion must be established. This drip should be delivered at 1 mg/minute more than what was needed to convert. For example, conversion at 2 mg/kg, an infusion of 3 mg/min should be established.